

DEAR FUTURE ME

Dear future me,
I hope you can help me.
I've been feeling down lately,
stuck in time, stuck in space,
constantly making mistakes.

Dear future me,
I wish you could be here,
I need your help and want you near
if I intend on carrying on,
as you've been through this before.

I know how this sounds,
and that you hearing me is unlikely,
but you are my last hope,
if I don't want to be left alone,
or anyone to hurt me.

Dear future me,
I can't wait to meet you.

Dear past me,
I can hear you calling.
Everything will improve,
keep following your dreams,
they will come true, I'm your proof.

Dear past me,
leave the fears aside,
make your own decisions,
and stand up with pride,
you are ready for the fight.

I know life can be scary
but it gets better with time

trust me, we'll be fine
I remember how it was,
but soon everything will feel right.

Dear future me,
I can't wait to be you.